

The Do's & Don'ts of Scaffold Safety in Construction



Photo Credit by www.constructconnect.com

[Article was originally posted on www.constructconnect.com]

By Kendall Jones,

We all know that fall hazards are the leading cause of construction worker deaths, accounting for about 40% of all fatalities in construction each year. Of the 359 construction worker fatalities attributed to falls in 2014, about 16% were from scaffolds. OSHA estimates that about 65% of all construction workers perform some work on scaffolds every year. That's a lot of folks working on scaffolds potentially being exposed to a number of hazards such as falls, electrocutions and falling objects.

The key issue to safety when working on scaffolding boils down to whether or not the scaffold is safe to work on. This means working on scaffolding that has been erected by trained professionals under the supervision of a competent person and that the scaffold has been properly inspected before use. It is also important that each worker is equipped with proper protective equipment and have been thoroughly trained on safe work practices when working on scaffolding.

Because the OSHA standards for scaffolding in construction are extremely detailed, we can't cover all the rules and requirements for each specific type of scaffold and every situation. Instead, we've created a general list of do's and don'ts for scaffold safety in construction. You can find all of the OSHA standards for scaffolds in construction here <https://www.osha.gov/laws-regs/regulations/standardnumber/1926/1926Subpart>

Do's

Get properly trained before using a scaffold. Training must be done by a qualified person and includes identification of electrocution, fall and falling objects hazards and the procedures for dealing with those hazards. Training must also include the proper use of the scaffold, how to handle materials and the load capacities of the scaffold.

Get retrained when additional hazards present themselves due to changes at the jobsite or if the type of scaffold, fall protection or falling objects protection changes. You can also be required to receive additional training if your boss feels that your initial training was not adequately retained.

Before getting on a scaffold check to make sure that a competent person has inspected the scaffold before the work shift and that it is safe to use and in proper working order. Scaffolds can only be erected, dismantled, altered or moved under the direct supervision of a competent person by trained personnel. If you are ever unsure regarding the safety of a scaffold check with a supervisor before use.

Always wear your hard hat when working on, under or around a scaffold. You should also get a good sturdy, non-skid pair of work boots and consider using tool lanyards when working on scaffolds.

Be mindful of coworkers working above and below you at all times, as well as others working on the scaffold. If you witness improper use on or around a scaffold you should stop what you are doing and notify a supervisor.

When personal fall arrest systems are required for the scaffold you will be working on, thoroughly inspect the equipment for damage and wear. Anchor the system to a safe point that

Continued on page 9



California Sub-Bid Request Ads



Requests quotes from qualified and certified **DBE** Subcontractors, Suppliers, and Service Providers for the following (but not limited to) work:

Subs

Striping & Signage, Demolition, Asphalt Paving, Clear & Grub, CIDH, Biologist, SWPPP Prep, Erosion Control, Landscape, Reinforcing Steel, AC Dike, Cured In Place Pipe, Rumble Strips, Monument Sign, Bridge, Abandon Culverts, Guardrail, Asphalt Grinding, Construction Area Signs, Fencing, Electrical, Minor Concrete, Minor Concrete Structures, Sign Structures, Underground Work, Trucking, Water Trucks, Sweeping

Suppliers

CSP & RCP, HMA Material, RHMA Material, Tack Coat Material, Concrete, Aggregate, Misc. Metals, Traffic Control Materials, Erosion Control Materials,

FOR CONSTRUCTION ON STATE HIGHWAY IN YUBA COUNTY FROM MARYSVILLE ROAD TO THE YUBA RIVER BRIDGE

In District 03 On Route 20

Contract No. 03-0A5704 Federal-Aid Project ACNH- P020 (191E)

DBE Goal 13%

BID DATE November 20, 2019 @ 2:00 p.m.

All Quotes Due Prior to Bid Date

Sukut Construction, LLC

4010 W. Chandler Avenue, Santa Ana, CA 92704

Contact: Rick Welshiemer

Phone: (714) 540-5351 • Fax: (714) 545-2003 • Email: estimating@sukut.com

Plans/specs are available for viewing at our office by appointment, via Sukut's FTP site, or may be obtained from Owner. Subcontractors must be prepared to furnish 100% performance and payment bonds and possess current insurance and workers' comp coverage. Sukut Construction will assist Qualified Subcontractors in obtaining bonds, insurance, and/or lines of credit. Please contact Sukut for assistance in responding to this solicitation. Subcontractors/Vendors will be required to sign Sukut's Standard Subcontract/Purchase Order. Copies are available for examination.

Sukut Construction's listing of a Subcontractor in its bid to the agency is not to be construed as an acceptance of all of the Subcontractor's conditions or exceptions included with Subcontractor's price quotes. Quotations must be valid for the same duration as specified by Owner for contract award.

Sukut Construction, LLC
An Equal Opportunity Employer



SKANSKA • TRAYLOR • SHEA

Skanska-Traylor-Shea JV

5055 Wilshire Blvd, Suite 700, Los Angeles, CA
requests sub-bid quotes from all interested firms,
including certified DBE's for Terrazzo, Floor and
Wall Tile on the

Westside Subway Extension Section 1 project.

Owner: LACMTA (Metro).

Contract No. C1045.

Bid Date: November 15, 2019 at 2:00pm.

Plans & Specs can be viewed at our office Monday -
Friday 8am to 4pm (call for appointment) or downloaded
free at the following links:

Link to 096WS Terrazzo RFP:

<https://skanskausa.sharefile.com/i/i0a6f8f1b8c64ffd8>

Link to 097WS Floor and Wall Tile RFP:

<https://skanskausa.sharefile.com/i/i381a7316b3e4fffa>

Pre-bid meetings Thursday, October 31, 2019 9am for
096WS Terrazzo and 10am for 097WS Tile. STS Office,
5055 Wilshire Blvd, Los Angeles, CA 90036. Meeting
is not mandatory, but highly recommended. Please
register if attending at erika.barajas@skanska.com

Should you have any questions or desire to quote on this
project, please contact Erika Barajas, DBE Coordinator
at 323-852-4220 or erika.barajas@skanska.com. Assis-
tance in bonding, insurance, lines of credit or obtaining
equipment, supplies and materials is available upon re-
quest. This advertisement is in response to Metro's DBE
program. Skanska-Traylor-Shea JV intends to conduct it-
self in good faith with DBE firms regarding participation
on this project. More info about this project is available
at www.skanska-traylor-shea.com.

Skanska-Traylor-Shea JV
is an EEO/AA/Vet/Disability Employer.

SBE OUTREACH SERVICES

With 1.5 million businesses in our database, SBE is
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criteria.

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5 questions you create.

Computer Generated Reports

Will fit right into your proposal, along with a list of
interested firms to contact.

Contact Info:

795 Folsom Street, 1st Flr, Room 1124

San Francisco, CA 94107

Email: sbe@sbeinc.com

Website: www.sbeinc.com

Phone: (415) 778-6250, (800) 800-8534

Fax: (415) 778-6255

Publisher of

**Small Business Exchange
weekly newspaper**

Sub-Bids Requested from qualified **DBE** Subcontractors and Suppliers For:

PROJECT NO. P2-122

HEADWORKS MODIFICATIONS AT PLANT 2

FOR GWRS FINAL EXPANSION

Owner: Orange County Sanitation District (OCSD)

Location: Huntington Beach, CA

Bid Date: December 17, 2019 @ 11:00 A.M.

J.F. Shea Construction, Inc.

667 Brea Canyon Road, Suite 30 • Walnut, CA 91789

Phone: (909) 595-4397, Fax: (909) 444-4268

Contact: Lori Olivas, lori.olivas@jfshea.com

J.F. Shea Construction, Inc. is soliciting your participation in the preparation of this bid.
We are particularly interested in bids from subcontractors/suppliers for the following work items:

Demolition, Controlled Low Strength Material, AC Paving, Ready-Mix Concrete, Reinforcing
Steel, Miscellaneous Metals, FRP Fabrications, Sealants, Painting & Coatings, ID Devices, Equip-
ment, Pre-Engineered Canopy, HVAC, Electrical and Instrumentation

Plans and Specifications: You may obtain a free download through OCSD's Vendor Portal at
<http://www.planetbids.com/portal/portal.cfm?CompanyID=14058#>. Plans may also be viewed at
the Dodge Plan Rooms or at our Walnut Office.

J.F. Shea Construction, Inc. is an equal opportunity employer and intends to negotiate in good
faith with interested DBE firms and intends to utilize the lowest responsive bidder. J.F. Shea ex-
pects potential subcontractors to be bondable. J.F. Shea will pay for up to 1% for subcontractor
bond costs. Subcontractors and Suppliers are expected to bid per plans and specifications, in-
cluding requirements for warranties. Standard manufacturer's warranties, if not in conformance
with owner's specifications, will not be accepted.



California Sub-Bid Request Ads

Balfour Beatty

Project Description: Sterling Natural Resource Center (SNRC)
Project Location: 25376 5th Street, San Bernardino, CA 92410
Owner: East Valley Water District

Bid Date: Thursday November 21, 2019

SUBCONTRACTOR BIDS ARE SOUGHT FOR THE FOLLOWING TRADE(S)

Balfour Beatty Infrastructure, Inc. is the Design Builder on this project. We are soliciting proposals for **Bid Packages #21 Fire Protection, #22 Plumbing, and #23 HVAC** at this time. This is a \$150M progressive design-build project funded by the California State Revolving Fund (CASRF) and as such Balfour Beatty is seeking interested Disadvantaged Business Enterprises (DBE) as defined by the CASRF Guidelines (including MBE, SBE, SBRA, LSAF & HUB). Prospective bidders must be certified by SBA, CDOT, or USEPA at the time of bid opening make good faith efforts to hire San Bernardino/ Highland Area residents This project is also to include implementation of American Iron and Steel (AIS) provisions of P.L. 113-76, Consolidated Appropriations Act, 2014. Balfour Beatty is a Union Contractor and Subcontractors must abide by the terms and conditions of the applicable contract documents. Proposals must be valid for ninety (90) days from the time of submission.

PLANS & SPECIFICATIONS: Project Bid Documents may be viewed at BBII's office by appointment. For your convenience, you may also view and download plans by following this link maintained by BBII: <https://secure.smartinsight.co/#/PublicBidProject/411236>

Subcontractors and Suppliers are responsible for reading and acknowledging all Specifications and Addenda.

BONDING & INSURANCE: Subcontractors may be required to furnish performance and payment bonds in the full amount of their subcontract, by an admitted surety subject to approval by BBII. Bonding cost assistance is available. Subcontractors should expect to sign the standard BBII subcontract agreement and provide a waiver of subrogation. Please contact BBII at 707-427-8900 for bonding and other types of assistance.

QUESTIONS: For questions regarding the bid, please contact Carla Becker at 909-751-4025
 Email: cbecker@balfourbeattyus.com, or in writing to: PO Box 1786, San Bernardino, CA 92402



Kiewit Infrastructure West Co.

4650 Business Center Drive Fairfield, CA 94534
 Attn: Victor Molina • norcal.bids@kiewit.com
 Fax: 707-439-7301

Requests sub-bids from qualified California Department of General Services (DGS) certified Local Small Business Enterprises (LSB), Local Micro Small Businesses having a primary business office in the counties of Alameda, Contra Costa and San Francisco and California Unified Certification Program (CUCP) certified Minority/Women Business Enterprise (MBE/WBE) Subcontractors, Consultants, and/or Suppliers seeking to participate in the construction on the Market Street Entry Canopies Project in San Francisco, CA.

<https://cucp.dot.ca.gov/cucp>
<http://www.pd.dgs.ca.gov>
www.bart.gov/ocr

Subcontractors and Suppliers for the following project:

Market Street Entry Canopies
Contract No. 15LK-140
Owner: BART

Bid Date: November 12, 2019 by 2:00 P.M.

Disadvantaged Business Enterprises (DBEs) and Local Small Businesses (LSB)

Minority Business Enterprise (MBE), Women Business Enterprise (WBE), Local Small Business Enterprise (LSB), wanted for the following scopes, including, but not limited to:

AC Paving, Bird Control Devices, CCTV, Concrete - Minor, Concrete Reinforcing, Concrete Supply, Concrete Cast in Place, Concrete Pumping, Demo, Drywall, Electrical, Flooring, Hazardous Abatement, Joint Protection, Masonry, Metals, Metal Decking, Openings, Painting & Coatings, Piping, Plumbing, Quality Control, Roofing, Security, Signage, Structural Steel, Temp Facilities and Traffic Control.

Bonding, insurance and any technical assistance or information related to the plans or specification and requirements for the work will be made available to interested DBE, MBE, WBE and LSB certified suppliers, service providers and subcontractors. Assistance with obtaining necessary equipment, supplies, materials, or services for this project will be offered to interested certified suppliers, service providers and subcontractors.

Subcontractor and Supplier Scopes are due November 8, 2019 and Quotes

NO LATER THAN November 11, 2019 at 5 PM.

Plans are available for viewing at our office at our address below and through SmartBidNet (SBN).

All subcontractors that are registered in our SBN database will receive an invitation to bid. Bidders visit <https://www.kiewit.com/districts/northern-california/overview.aspx> to register your company and to be able to receive bidding information, view plans and specifications.

You can view the plans in our office during regular business hours by appointment.

Performance Bond and Payment Bonds may be required for subcontractors and a suppliers bond for suppliers.

Project Stabilization Agreement (PLA) applies for SF Bay Area Rapid Transit District

Subcontract work shall be signatory to the applicable local union or willing to sign a one-time agreement.

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 CA Lic. 433176
 DIR# 100001147



Proven Management, Inc.
 225 3rd Street, Oakland, CA 94607
 Phone: 510-671-0000 • Fax: 510-671-1000

PMI requests proposals/quotes from all qualified and certified Local Small Business (LSB), Minority Business Enterprise (MBE) Women Business Enterprise (WBE) subcontractors, suppliers, and truckers for the following project:

34.5 KV CABLE REPLACEMENT & FIBER OPTIC CABLE INSTALL
A-LINE, ACO TO AUC
BART CONTRACT NO. 15EJ-180
Bids: 12/3/2019 @ 2pm
LSB GOAL - 8%

The work includes but is not limited to: Demo; PCC, CIP, and Precast Concrete; Rebar; Concrete Restoration; Mtl Welding; Struct. Stl Framing; Mtl Fab; Metal Railings; Rough Carpentry; Plastic Structural Assemblies; Joint Protection; Expansion Control; Door Hdwr; Painting; Sump Pumps; Facility Services; Electrical; Communications Cables; Earthwork; Clearing & Grubbing; Dewatering; Controlled Fill; Slope Protection; Driven Piles; Ground Screw Anchors; Drilled Concrete Piers & Shafts; Utility Structures; Storm Drainage Utilities; Subdrainage; Asphalt & Concrete Paving; Traffic Barriers; Chain Link Fences & Gates; Ballasted Track; AC Isolation Disconnect Switches; Traction Power Cables; Grounding & Bonding for Traction Power; Hi-Rail Vehicle.

Bonding, insurance, lines of credit and any technical assistance or information related to the plans & specifications & requirements for the work will be made available to interested LSB/ MBE/ WBE certified suppliers & subcontractors.

Assistance with obtaining necessary equipment, supplies, materials, or related assistance or services for this project will also be offered to interested LSB/MBE/ WBE certified suppliers, subcontractors, truckers. PMI is signatory to the Operating Engineers, Carpenters, and Laborers Collective Bargaining Agreements.

100% Payment & Performance bonds will be required from a single, Treasury-listed surety company subject to PMI's approval. PMI will pay bond premium up to 1.5%. Subcontractors awarded on any project will be on PMI's standard form for subcontract without any modifications. For questions or assistance required on the above, please call.

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Con-Quest Contractors, Inc.
 290 Toland Street, San Francisco, Ca 94124
 Email: bidday@cqcontractors.com
 Fax: 415-206-0528

REQUEST FOR QUALIFIED DBE/MBE/WBE SUBCONTRACTORS & SUPPLIERS FOR:

EBMUD
Westside Pumping Plant Replacement
El Toyona/La Encinal Pipeline Improvements
Specification 2149

Bid Date: November 6th, 2019 at 1:30pm

Quotes needed: SWPPP, Utility Trenching, Material Testing/Inspection, Electrical, Precast Fabricator/ Installer, Landscaping, Tree Removal, Environment Monitoring, Ready Mix Concrete, Concrete Pumping, Trucking, Aggregate Materials, Asphalt Paving, Demolition, Survey, Rebar, Structural/Misc. Metals, Scaffolding/Falsework/Forms, Fencing, Crane/ Hoisting Service, Sheet piling & Shoring, Painting, Geocomposite Drain, Roadway Traffic Striping, Tile Work

Plans & Specs are available on EBMUD's website
<https://construction-bids.ebmud.com/>

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Scope letters and Quotes should be submitted by 5:00pm on November 5th, 2019

Visit www.sbeinc.com to download the latest SBE Newspaper and SBE E-Newsletter





California Sub-Bid Request Ads



O.C. Jones & Sons, Inc.
1520 Fourth Street • Berkeley, CA 94710
Phone: 510-526-3424 • FAX: 510-526-0990
Contact: Jean Sicard

**REQUEST FOR DVBE & SBE
SUBCONTRACTORS AND SUPPLIERS FOR:**

**Crack, seat and overlay with
RHMA AND HMA, and replace culverts
Hwy 101 Healdsburg
Caltrans #04-0J6424**

BID DATE: November 14, 2019 @ 2:00 PM

We are soliciting quotes for (including but not limited to): Trucking, Temporary and Permanent Erosion Control Measures, Lead Compliance Plan, Progress Schedule (Critical Path Method), Construction Area Signs, Traffic Control System, Portable Changeable Message Sign, SWPPP, Rain Event Action Plan, Storm Water Sampling & Analysis, Sweeping, Vibration Monitoring, Treated Wood Waste, Noise Monitoring, Temporary High-Visibility Fence, Clearing & Grubbing, Shoulder Backing, Pervious Backfill Material, Soil Densification (High Density Polyurethane), Planting & Irrigation, Hydroseed, Compost, Lean Concrete Base Rapid Setting, Crack Treatment, AC Dike, Geosynthetic Pavement Interlayer (Paving Fabric), Tack Coat, Cold Plane AC, Jointed Plain Concrete Pavement, Individual Slab Replacement, Grinding, CIDH Concrete Pile, Structural Concrete, Paving Notch Extension, Architectural Surface (Barrier), Clean Expansion Joint, Joint Seal, Bar Reinforcing Steel, Sign Structure, Alternative Pipe Culvert, Concrete Backfill, Filter Fabric, Underground, Adust Utilities to Grade, Cleaning, Inspecting, and Preparing Culvert, Clean Drainage Facility, Sand Backfill, Machine Spiral Wound PVC Pipeliner, Rock Slope Protection, Detectable Warning Surface, Minor Concrete, Misc. Iron & Steel, Prepare and Stain Concrete, Fencing, Delineator, Pavement Marker, Roadside Signs, Midwest Guardrail System, Asphalt Composite Vegetation Control, Single Thrie Beam Barrier, Alternative In-Line Terminal System, Crash Cushion, Concrete Barrier, Striping & Marking, Electrical, Temporary Active Treatment System, Crack Pavement, Grind Concrete Pavement, Grated Line Drain, Rumble Strip, and Construction Materials.

Jean Sicard (510-809-3411 jsicard@ocjones.com) is the estimator on this project and he is available to provide assistance or answer questions regarding the project scope of work including bid requirements, bonding or insurance requirements, and other bid assistance. Plans and specs are available to review at our Berkeley office, or can be sent out via Building Connected. PDF format quotes should be emailed to the estimator or faxed to 510-526-0990 prior to noon on the date of the bid. Quotes from DVBE & SBE Subcontractors, Suppliers and Truckers are highly encouraged. OCJ is willing to breakout any portion of work to encourage DVBE & SBE participation. Subcontractors must possess a current DIR, Contractors License, and insurance and workers compensation coverage including waiver of subrogation. OCJ may require Performance and Payment bonds on subcontracts. OCJ will pay the bond premium up to 2% of the contract value. All subcontractors are required to execute OC Jones' standard subcontract agreement, comply with all insurance requirements, and name OCJ as additional insured. Copies of our agreement and insurance requirements are available upon request. OCJ is a Union contractor, and we are signatory to the Operating Engineers, Laborers, Teamsters, and Carpenters. OCJ is an Equal Opportunity Employer.



O.C. Jones & Sons, Inc.
1520 Fourth Street • Berkeley, CA 94710
Phone: 510-526-3424 • FAX: 510-526-0990
Contact: Jean Sicard

**REQUEST FOR DBE
SUBCONTRACTORS AND SUPPLIERS FOR:**

**US101/Holly Street Interchange & POC
City of San Carlos**

BID DATE: October 29, 2019 @ 2:00 PM

We are soliciting quotes for (including but not limited to): Trucking, Temporary and Permanent Erosion Control Measures, Lead Compliance Plan, Progress Schedule (Critical Path Method), Construction Area Signs, Traffic Control System, Type III Barricade, Portable Changeable Message Sign, Temp. Crash Cushion, SWPPP, Temporary Dewatering & Non-Stormwater Control System, Storm Water Annual Report, Temporary Fencing, Sweeping, Treated Wood Waste, Clearing & Grubbing, Structure Excavation, Pervious Backfill Material, Lightweight Cellular Concrete Fill, Import Borrow, Underground, Imported Biofiltration Soil, Hydroseed, Compost, Lean Concrete Base, Data Core, AC Dike, Tack Coat, Prime Coat, Cold Plane AC, CIDH Concrete Piling, Prestressing Cast-In-Place Concrete, Structural Concrete, Minor Concrete, Fractured Rib Texture, Drill and Bond Dowel, Polyester Concrete, PTFE Spherical Bearing, Bar Reinforcing Steel, Shotcrete, Roadside Signs, Prepare Bridge Deck Surface, Bridge Removal, Misc. Metal, Underground, Rock Slope Protection, Minor Concrete, Misc. Iron & Steel, Isolation Casing, Bridge Deck Drainage System, Electrical, Fencing, Delineator, Pavement Marker, Object Marker, Midwest Guardrail System, Chain Link Railing, Concrete Barrier, Transition Railing, Striping & Marking, Message Sign, Ramp Metering System, Fiber Optic System, Wall Graphics, Color Changing Lighting, Metal Arc, Porcelain Enamel Graphics-Pilasters, Micro-Surfacing Ground Anchors, Bridge Grazing Lighting, and Construction Materials

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Jean Sicard (510-809-3411) jsicard@ocjones.com) is the estimator on this project and he is available to provide assistance or answer questions regarding the project scope of work including bid requirements, breakout of bid items, plan or specification interpretation, bonding or insurance requirements, and other bid assistance. Plans and specs are available to review at our Berkeley office, or can be sent out via Building Connected. PDF format quotes should be emailed to the estimator or faxed to 510-526-0990 prior to noon on the date of the bid. Quotes from DBE Subcontractors, Suppliers and Truckers are highly encouraged. OC Jones is willing to breakout any portion of work to encourage DBE participation. Subcontractors must possess a current DIR, Contractors License, and insurance and workers compensation coverage including waiver of subrogation. OC Jones may require Performance and Payment bonds on subcontracts. OC Jones will pay the bond premium up to 2% of the contract value.

All subcontractors are required to execute OC Jones' standard subcontract agreement, comply with all insurance requirements, and name OC Jones as additional insured. Copies of our agreement and insurance requirements are available upon request. OC Jones is a Union contractor, and we are signatory to the Operating Engineers, Laborers, Teamsters, and Carpenters. OC Jones is an Equal Opportunity Employer



11555 Dublin Boulevard • P.O. Box 2909
Dublin, CA 94568-2909
(925) 829-9220 / FAX (925) 803-4263

Estimator: VICTOR LE
Website: www.desilvagates.com
An Equal Opportunity/
Affirmative Action Employer

DeSilva Gates Construction (DGC)
is preparing a bid as a Prime Contractor
for the project listed below:

**US 101 / HOLLY STREET INTERCHANGE
AND POC PROJECT**
City Project No. 04-1G6224,
Federal Project No. SRTSL-5267(018)
Disadvantaged Business Enterprise Goal
Assigned is 8.4%

**OWNER:
CITY OF SAN CARLOS**
600 Elm Street, San Carlos, CA 94070

BID DATE: OCTOBER 29, 2019 @ 2:00 P.M.

DGC is soliciting quotations from certified Disadvantaged Business Enterprises, for the following types of work and supplies/materials including but not limited to:

AC DIKE, BRIDGE DECK RESURFACING, BRIDGE, CELLULAR CONCRETE, CLEARING AND GRUBBING/DEMOLITION, CONCRETE BARRIER, CONSTRUCTION AREA SIGNS, BARRICADE AND CHANNELIZER, DRAINAGE WICK, ELECTRICAL, EROSION CONTROL, FENCING, LANDSCAPING/IRRIGATION, LEAD COMPLIANCE PLAN, METAL BEAM GUARDRAIL, MINOR CONCRETE, MINOR CONCRETE STRUCTURE, PAVEMENT GROOVING, LEAN CONCRETE BASE, ROADSIDE SIGNS, MICRO-SURFACING, STRIPING, SURVEY/STAKING, SWPPP/WATER POLLUTION CONTROL PLAN PREPARATION, TEMPORARY EROSION CONTROL, UNDERGROUND, VEGETATION CONTROL, TRUCKING, WATER TRUCKS, STREET SWEEPING, CLASS 2 AGGREGATE SUBBASE MATERIAL, CLASS 2 AGGREGATE BASE MATERIAL, HOT MIX ASPHALT (TYPE A) MATERIAL, RUBBERIZED HMA (GAP GRADE) MATERIAL.

Plans and specifications may be reviewed at our offices located at 11555 Dublin Boulevard, Dublin, CA or 7700 College Town Drive, Sacramento, CA, or at your local Builders Exchange, or reviewed and downloaded from the ftp site at <ftp://ftp%25desilvagates.com:f7pa55wd@pub.desilvagates.com> (if prompted the username is <ftp://desilvagates.com> and password is f7pa55wd) or from the Owner's site at <https://www.cityofsancarlos.org>

Fax your bid to (925) 803-4263 to the attention of Estimator Victor Le. If you have questions for the Estimator, call at (925) 829-9220. When submitting any public works bid please include your DUNS number and DIR number. For questions regarding registration for DIR use the link at www.dir.ca.gov/Public-Works/PublicWorks.html

If you need DBE support services and assistance in obtaining bonding, lines of credit, insurance, necessary equipment, materials and/or supplies or related assistance or services, for this project call the Estimator at (925) 829-9220, or contact your local Small Business Development Center Network (<http://californiasbdc.org>) or contact the California Southwest Transportation Resource Center (www.transportation.gov/osdbu/SBTRCs). DGC is willing to breakout portions of work to increase the expectation of meeting the DBE goal.

At our discretion, 100% Payment and 100% Performance bonds may be required as a subcontract condition. This will be a PREVAILING WAGE JOB. DGC is an Equal Opportunity/Affirmative Action Employer.

SMALL
BUSINESS
EXCHANGE

Participants Sought for Survey on Cybersecurity Issues for Small & Mid-Sized Businesses



The U.S. Small Business Administration is working with the U.S. Department of Homeland Security and the Information Technology Coordinating Council to attract respondents to a confidential cybersecurity survey for small and mid-sized businesses. October is designated National Cybersecurity Awareness Month.

“Cyber attacks are a growing concern for small business owners and our economy. The SBA is encouraging entrepreneurs to participate in this survey to help identify best practices that reduce threats to small and mid-sized business’ data and information, two items central to their operations,” said SBA Regional Administrator Steve Bulger, who oversees the agency’s operations throughout New York, New Jersey, Puerto Rico and the U.S. Virgin Islands.

DHS’ Cybersecurity & Infrastructure Security Agency and the ITCC are the primary agencies coordinating this survey with assistance from the SBA and its Office of Advocacy.

In 2018, the FBI reported the cost of cybercrimes reached \$2.71 billion. Download Adobe Reader to read this link content with almost \$1.3 billion occurring from business e-mail/e-mail account compromises, approximately \$270 million in losses from data breaches, \$362.5 million in confidence fraud and \$70 million in spoofing. In fact, New York and New Jersey were among the top 10

states where the most victims of cyber crimes live according to the report.

“Cybersecurity is an issue that effects all businesses, but many small and medium businesses do not have the resources or even the awareness to adequately protect themselves. This survey will provide critical data to the federal government to assess these issues and our state of preparedness,” said SBA Regional Advocate Christine Myers from the Office of Advocacy.

The voluntary survey is open to all small businesses and will not publish confidential or identifiable information from respondents. Participation in the survey will help inform the Cybersecurity Framework being developed by the National Institute of Standards and Technology in addition to other federal agencies.

Survey results are intended to produce data about which sources small and mid-sized businesses use to reference cybersecurity best practices, the specific assets and management practices of each company, such as physical access management, as well as the benefits of, and the cost of the NIST’s framework use and implementation. Cybersecurity awareness and current cyber risks to small businesses will also be covered.

The survey data will be collected and anonymized by ACT | The App Association. Questions or concerns regarding the survey can be addressed

to Brian Scarpelli at BScarpelli@actonline.org (link sends e-mail) or Alexandra McLeod at AMcleod@actonline.org (link sends e-mail).

About the U.S. Small Business Administration

The U.S. Small Business Administration makes the American dream of business ownership a reality. As the only go-to resource and voice for small businesses backed by the strength of the federal government, the SBA empowers entrepreneurs and small business owners with the resources and support they need to start, grow or expand their businesses, or recover from a declared disaster. It delivers services through an extensive network of SBA field offices and partnerships with public and private organizations. To learn more, visit www.sba.gov.

About the SBA Office of Advocacy

The Office of Advocacy of the U.S. Small Business Administration is the independent voice for small business within the federal government, the watchdog of the Regulatory Flexibility Act, and a source of small business statistics and research. Advocacy advances the views and concerns of small business before Congress, the White House, federal agencies, federal courts, and state policymakers. Learn more at: <https://advocacy.sba.gov/>

SOURCE: www.sba.gov

THE BUSINESS OUTREACH COMMITTEE (BOC) A CONSORTIUM OF BAY AREA TRANSPORTATION AGENCIES

FREE

MEET THE PRIMES NETWORKING EVENT 2019

TUESDAY, NOVEMBER 5, 2019

Joseph P. Bort MetroCenter
 (Conveniently located across from Lake Merritt BART Station)
 101 8th Street, Oakland, CA 94607



Registration: 12:30 p.m. – 1:00 p.m.



Networking: 1:00 p.m. – 3:00 p.m.

RSVP AT: <https://boc2019meettheprimes.eventbrite.com/>



Plan to market your products and services to BOC agencies and primes in the areas of construction, professional services, architecture, engineering and other businesses. Bring your business card, capability statement, resume and project experience. Plan to make a connection with one or more prime contractors!

Receive valuable information from resource partners including **FREE DBE Supportive Services**.

PARTICIPATING PRIMES / Please see the RSVP page for a full list of exhibitors.

AECOM	Hill International, Inc.	STV Incorporated
Balfour Beatty	HNTB Corporation	The Dutra Group
Granite Construction Company	McGuire & Hester	WSP
Hatch Mott MacDonald	Swinerton	

RESOURCE PARTNERS



SBA's participation is not an endorsement of product, service or entity.

PRESENTED BY



The BOC serves our disadvantaged and small business communities. It is the policy of the member agencies participating in the Business Outreach Committee that small businesses owned and controlled by socially and economically disadvantaged individuals are provided equal opportunity to participate in the construction, professional service and procurement activities of their agencies.

Tutor Perini/O & G Joint Venture (TPOG)



SEEKING DBE FIRMS

FOR SUBCONTRACTING OPPORTUNITIES ON THE WESTSIDE
PURPLE LINE EXTENSION SECTION 2 PROJECT

OWNER: LOS ANGELES COUNTY METROPOLITAN TRANSPORTATION AUTHORITY (LACMTA)



INTERESTED IN WORKING WITH TPOG?

TPOG issues Notice of Interest (NOI) Emails to all Tutor Perini/O & G Joint Venture registered vendors notifying them of upcoming 1st tier opportunities on the project. All CUCP certified DBEs vendors based in Southern California are already registered with TPOG. Please contact us if your firm is not receiving TPOG Notices of Interest by sending a note to:

Nareg@moderntimesinc.com

BONDING, LINES OF CREDIT, AND INSURANCE SUPPORT SERVICES:

TPOG is willing to assist DBE Subcontractors and suppliers in obtaining access to bonds, lines of credit and insurance. Please email Nareg Bostanian for your requests for assistance.

TPOG is soliciting in good faith all interested subcontractors as well as certified DBE firms. If you are interested in bidding or have any questions in relation to the scope, please email DBE Project Coordinator: Nareg Bostanian or visit the website below. <http://www.tpogjv4purpleline.com/index.html>

Public Legal Notices



CITY & COUNTY OF SAN FRANCISCO DEPARTMENT OF PUBLIC WORKS

Contract No. 1000015025 (ID No. 000002288) SUNSET AND PARKSIDE STREETS PAVEMENT RENOVATION AND SEWER REPLACEMENT

Sealed bids will be received at 1155 Market Street, 4th Floor, San Francisco, California 94103 until **2:30:00 p.m. on November 13, 2019**, after which they will be publicly opened and read. Digital files of Bid Documents, Plan Holders Lists, and Addenda may be downloaded at no cost from the Public Works Electronic Bid Documents Download site at www.sfpublishworks.org/biddocs. Please visit the Contracts, Bids and Payments webpage at www.sfpublishworks.org for more information (click on Resources > Contractor Resources). Notices regarding Addenda and other bid changes will be distributed by email to Plan Holders.

The Work is The work is located at various locations in San Francisco, California and consists of grinding, paving, localized base repair, curb ramp work, sewer replacement, speed hump restoration and traffic routing, and all related work. The time allowed for completion is 540 consecutive calendar days. The Engineer's estimate is approximately \$7,200,000. For more information, contact the Project Manager, **Paul Barradas** at 415-554-8249.

On July 1, 2014, the registration program under section 1725.5 of the California Labor Code went into effect. The program requires that all contractors and subcontractors who bid or work on a public works project register and pay an annual fee to the California Department of Industrial Relations ("DIR").

No contractor or subcontractor may be listed in a bid or awarded a contract for a public works project unless registered with the DIR as required by Labor Code section 1725.5 [with limited exceptions from this requirement for bid purposes only under Labor Code section 1771.1(a)].

This Project shall incorporate the required partnering elements for **Partnering Level 2**. Refer to Section 01 31 33 for more details.

Pursuant to San Francisco Administrative Code ("Administrative Code") Section 6.25 and Chapter 25 of the Environment Code, "Clean Construction" is required for the performance of all work.

This Contract is subject to the requirements of Administrative Code Chapter 12X, which prohibits the City from entering into any Contract with a Contractor that has its United States headquarters in a state with laws that perpetuate discrimination against LGBT populations ("Covered State") or where any or all of the work on the contract will be performed in any of those states. A list of states on the Covered State List can be found at: <https://oag.ca.gov/ab1887>.

The Specifications include liquidated damages. Contract will be on a Unit Price basis. Progressive payments will be made.

The Contract will be awarded to the lowest responsible responsive bidder.

A bid may be rejected if the City determines that any of the bid item prices are materially unbalanced to the potential detriment of the City.

Bid discounts may be applied as per Administrative Code Chapter 14B. LBE Subcontracting Participation Requirement is **25%**. Call Selormey Dzikunu at 415-554-8369 for details. In accordance with Administrative Code Chapter 14B requirements, all bidders shall submit documented good faith efforts with their bids, except those who exceed the above stated LBE Subcontracting Participation Requirement by 35%. Bidders must achieve 80 out of 100 points to be deemed responsive. Bidders will receive 15 points for attending the pre-bid conference, if scheduled. Refer to CMD Form 2B.

A pre-bid conference will be held on **October 28, 2019; 10:30 a.m.**, at 1680 Mission Street, 4th Floor .

For information on the City's Surety Bond Program and Finance Program, call 415-986-3999 or bond@imwis.com.

A corporate surety bond or certified check for ten percent (10%) of the amount bid must accompany each bid. Administrative Code Section 6.22(a) requires all construction greater than \$25,000 to include performance and payment bonds for 100% of the contract award.

Class "A" license required to bid.

In accordance with Administrative Code Chapter 6, no bid is accepted and no contract in excess of \$600,000 is awarded by the City and County of San Francisco until such time as the Mayor or the Mayor's designee approves the contract for award, and the Director of Public Works then issues an order of award. Pursuant to Charter Section 3.105, all contract awards are subject to certification by the Controller as to the availability of funds.

Minimum wage rates for this project must comply with the current General Prevailing Wage as determined by the State Department of Industrial Relations. Minimum wage rates other than applicable to General Prevailing Wage must comply with Administrative Code Chapter 12P, Minimum Compensation Ordinance.

This Project is subject to the requirements of the San Francisco Local Hiring Policy for Construction ("Policy") as set forth in Administrative Code Section 6.22(g). Bidders are hereby advised that the requirements of the Policy will be incorporated as a material term of any contract awarded for the Project. Refer to Section 00 73 30 of the Project Manual for more information.

Bidders are hereby advised that the Contractor to whom the Contract is awarded must be certified by the Contract Monitoring Division as being in compliance with the Equal Benefits Provisions of Chapter 12B of the Administrative Code within two weeks after notification of award.

If a bidder objects on any ground to any bid specification or legal requirement imposed by this Advertisement for Bids, the bidder shall, no later than the 10th working day prior to the date of Bid opening, provide written notice to the Contract Administration Division, San Francisco Public Works, setting forth with specificity the grounds for the objection.

Right reserved to reject any or all bids and waive any minor irregularities.

10/24/19

CNS-3306629#

SMALL BUSINESS EXCHANGE

Outreach November 2019

Get free, trusted help with your citizenship application!

The San Francisco Pathways to Citizenship Initiative provides free legal help from community immigration service providers at our free workshops. Resources for the citizenship application fee are available onsite. Learn more at sfcitizenship.org

When: Sunday, November 24, 2019. Registration is open from 9:30 am - 12:30 pm. No appointment needed!

Where: Chinatown YMCA, 855 Sacramento Street, San Francisco, CA 94108

Apply to become a census taker!

Every 10 years, the U.S. Census Bureau is responsible for conducting the nationwide census. The Census Bureau is recruiting now to fill important temporary positions with great pay (\$30/hour) and flexible hours for Spring 2020. Be a Census Taker and make a difference in your community! Apply online NOW at 2020census.gov/jobs.

Child support matters can be complicated, stressful, and confusing. The Department of Child Support Services helps parents understand the process so they know their rights and options for making and receiving support payments. Call us today at (866) 901-3212 or visit our office at 617 Mission Street to learn how we can help you. Information is also available online at www.sfgov.org/dcss.

**Let Your Career Take Off at SFO
Discover Why SFO is a Great Place to Learn, Earn, Grow and Thrive**

With jobs in all parts of the airport, from cargo and security, to airlines and concessions, companies at SFO are always hiring!

Visit flysfo.com/careers or call 650.821.5242 to learn about job openings and the benefits of working at the Bay Area's largest airport.

Come see your local government at work!
**Board of Supervisors Regularly Scheduled Board Meetings
November and December Meetings**

The Board of Supervisors hold weekly meetings most Tuesdays at 2:00 p.m. in Rm. 250 of San Francisco City Hall.

• Nov. 5 • Nov. 12 • Nov. 19 • Dec. 10 • Dec. 17

LANGUAGE INTERPRETATION AVAILABLE UPON REQUEST

CHINESE.... SPANISH.... FILIPINO

Requests must be received 48 hours in advance required for interpretation. For more information see the Board of Supervisor's website www.sfbos.org, or call 415-554-5184.

CNS-3305927#

Visit www.sbeinc.com
to download the latest SBE
Newspaper and Newsletter



The Do's & Don'ts of Scaffold Safety in Construction

Continued from page 1

won't allow you to free fall more than six feet before stopping. Below is a chart showing different types of scaffolds and the fall protection systems required by OSHA:

Fall Protection Required For Specific Scaffold Types			
Type of Scaffold	Guardrails Required	Personal Fall Arrest System Required	Both Required
Aerial Lifts		✓	
Boatswains' Chair		✓	
Catenary Scaffold		✓	
Chicken Ladder*	✓	✓	
Float Scaffold		✓	
Ladder Jack Scaffold		✓	
Needle Beam Scaffold		✓	
Self-contained Scaffold			✓
Single-point and Two-point Suspension Scaffolds			✓
Supported Scaffold	✓	✓	
All Other Scaffolds	✓	✓	
*Chicken Ladders require guardrails or personal fall arrest system or a grab-line system			

Note: Scaffold types with more than one box checked can use either type of fall protection.

Don'ts

Leave anything on the scaffold at the end of your shift. This includes any building materials or tools that you may have been using on the scaffold while you were working. These items could potentially be blown off the scaffold or cause tripping hazards for the next person using the scaffold.

Overload the scaffold. Proper training includes being informed of the maximum intended load of the scaffold you are working on as well as its load-carrying capacities. In most instances, scaffolds should be capable of supporting at least four times its maximum intended load.

Use boxes or ladders to increase your work height. If you can't reach an area you should request that your supervisor has the scaffold platform raised. Don't use stilts unless the guardrails on the scaffold

have been extended to a height that is equal to the height of the stilts.

Use the scaffold if it appears that it is damaged in any way, has been tampered with or if there are components missing such as planking, guardrails, toeboards, debris nets or protective canopies. Notify a supervisor immediately to get the scaffold in proper working order and inspected by a competent person. Never tamper with or attempt to repair a scaffold unless you have received training in scaffold erection.

Walk on scaffold planking covered in ice, snow or mud. Worn wood planking can also be extremely slippery when wet. All snow, ice, mud and other debris such as wet leaves should be thoroughly removed before using the scaffold. You should also avoid using a scaffold during adverse weather such as heavy rain, sleet, ice snow or strong winds.

Climb on any portion of the scaffold frame not intended for climbing. Always use a fixed ladder,

internal access stairway or built-in ladder to access the working platform. There should always be a handhold above the scaffold platform. Never climb with any materials or tools in your hand, they should be hoisted up to the scaffold separately.

Note: OSHA defines a competent person as "one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has the authorization to take prompt corrective measures to eliminate them." A qualified person is "one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated his/her ability to solve or resolve problems related to the subject matter, the work, or the project." [29 CFR 1926.450(b)].

Work Smart. Be Safe.

SOURCE: www.constructconnect.com